# **ITINERARY**

**Destinations Covered:**-Kathmandu-Kodari-Zhangmu-Nyalam-Lelung La-Yak Kharka-Dongba-Mayumla Phedi-Mansarover-Darchen-Tarboche-Kora- Mayumla Phedi-Dongba-Yak Kharka-Nyalam-Kathmandu **Duration:**-16Nights/17 Days

#### Day 01: Kathmandu

Arrive Kathmandu. Meet and transfer to hotel.

#### Day 02: Kathmandu

At leisure in Kathmandu. Obtain Chinese Visa.

## Day 03: Kodari

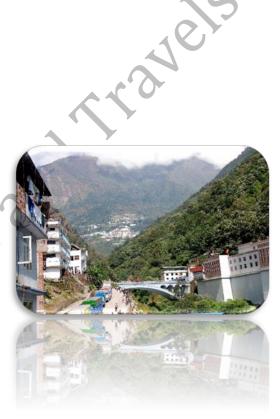
Morning drive to the frontier town of Nepal at Kodari. From here, a short walk to the friendship bridge for the drive on a local available vehicle to Zhangmu, the main entrance of Tibet, China at the height of 2,300 m. which is about 145 kms from Kathmandu. In Zhangmu, you will be received by guide from our Tibetan counterpart. After all the formalities at the check post here, our journey continues for another 35 kms which can take almost 3 hours through the up-winding road to Nyalam with beautiful scenery as the drive brings us for the overnight stay at Nyalam(3,700 m.). The lodges and guest houses here are very simple and basic. You can expect the unexpected as the China Tourism in Tibet is slowly picking up since last 7-8 years.

## Day 04: Lelung La-Yak Kharka

Morning drive to the first pass of Lelung La at 5,050 m. From here a superb view of the high Himalayas can be seen from Gaurishanker, Shisapangma to Langtang Himal. Drive to Yak Kharka (4675 M) 240 Kms (08-09 Hrs). O/nt. Camp

## Day 05: Yak Kharka-New Dongba

Another morning drive through the windswept territory passing many villages and camps of Yak herders with the distance view of snowcapped mountains. After 6-7 hours of drive brings us to New Dongba for the overnight Camp.



## Day 06: New Dongba-Mayumla Phedi

From New Dongba, drive to Mayumla Phedi (4500 m) 160 kms/6-7 hrs. Drive. O/nt. camp.

#### Day 07: Mayumla Phedi-Mansarovar

Drive from Mayumla Phedi to Mansarovar (4560 m) 120 kms. O/nt. Camp

#### Day 08: Mansarovar-Darchen

AM Mansarovar Parikarma by Jeep. Time Permitting visit Chui Gompa. PM. Drive to Darchen (4560 M) O/nt. at Guest House in Darchen.

Darchen is located beneath the majestic holy Mount Kailash, a small village with couple of guesthouses. During the auspicious pilgrimage time, this place will be flooded with Pilgrims with hundreds of tents all around. Darchen, the beginning and end point of the Kora.

## Day 09: Darchen-Tarboche

Drive approx. 08 Kms. From Darchen to Tarboche, the trek starting point of Kailash Parikrama. The first day of our Kora is a gradual walk with multitudes of other local pilgrims chanting and praying. The trail leads us to few ups and downs till we reach our camp at Dirapuk (4,750 m.), after 5-6 hours walk. Camping on the nice grassy meadows with a view of Kailash, North West face.

## Day 10: Kora-Zuthulphuk

Today our circumbulation (Kora) leads to much higher side of the holy path just beneath the Mount Kailash. The walk will bring us to one of the highest point at Drolma La, 5,200 m. before descending to the gradual field towards Zuthulphuk for the overnight camp after 5-6 hours walk. Zuthulphuk (4700m) has a small monastery.

#### Day 11: Mansarovar

the winding gradual tracks finally ends our holy pilgrimage walk (5 hours). O/nt. camp at LakeMansarovar

## Day 12: Mayumla phedi

Drive to Mayumla Phedi. O/Nt. Camp

## Day 13: New Dongba

Drive to New Dongba. O/nt. Camp



#### Day 14: Yak Kharka

Drive to Yak Kharka. O/Nt. Camp

#### Day 15: Nyalam

Drive to Nyalam. O/Nt. Camp

## Day 16: Kathmandu

Drive down to Friendship Bridge where transportation awaits for drive to Kathmandu (150 Kms)/8-9 Hrs. O/nt. Hotel.

#### Day 17: Kathmandu/Back to home

TILS

Morning Free for souvenir shopping and other independent activities. In time transfer to International Apt to connect departure flight

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