

ITINERARY

Destinations Covered: -Delhi-Haridwar-Rishikesh-Delhi

Duration: -4 nights/5 Days

Day 01: Arrive Delhi

Meeting and assistance on arrival and transfer to Hotel Imperial or similar. Dinner and overnight at hotel.

Day 02: Delhi

After breakfast, full-day sight-seeing of Delhi, visiting Laxmi Narayan Temple, Hanuman Mandir, India Gate, Gauri Shankar Mandir, Bahai 'Lotus' Temple and Chhattarpur Mandir. Lunch, dinner and overnight at hotel.

Day 03: Delhi/Haridwar/Rishikesh

After breakfast, depart by car/coach for Haridwar (200kms/5hrs) - the holy city of Northern India situated at the base of Shivalik Hills, where the Ganges River coming down from the high Himalayas passes through. It is perhaps one of the oldest Hindu cities and believed to date back to around 1700BC. In the ancient Hindu scriptures 'Puranas,' there is a mention of two of Haridwar's present day localities - Kankhal and Mayapur. It is a town of great

pilgrimage importance, a fascinating collection of temples, bathing ghats, Ashrams, Sadhus. Gurus and wandering cows. The most sacred place in Haridwar remains the Har-Ki-Pauri - where people take a dip in the holy River Ganges to cleanse them of their sins. Haridwar, even today, remains a mirror of Hindu religion, of the unshakable faith of Indians in their Gods and culture. On arrival, lunch at local restaurant. Tour of Haridwar, visiting Har-Ki-Pauri, Mansa Devi Temple, Daksh Mahadev Temple and Sapt Rishi Ashram.

Proceed further north by car/coach to Rishikesh

(24kms/1hr), a complex of three localities, where the holy River Ganges cuts her passage through the last foothills on her journey down the mountains and enters the plains. The first being the area around the famous Laxman Jhoola, which lends its name to the locality; then comes Muni Ki Reti (sands of the sages) where the wise ones spend time in devotion, meditation and yoga; and then comes the expanding township on the bank of the river. The whole complex is called Rishikesh. Rishikesh is important not only as a pilgrimage centre closely associated with Ramayana but also as a home for many important centers of Hindu religious thoughts and spirituality. In the evening, we participate in the 'Aarti' at Triveni Ghat. Dinner and overnight at Hotel Ganga Kinare or similar.



Day 04: Rishikesh/Delhi

After breakfast, visit the Laxman Jhoola - a suspension bridge across the River Ganges which spans the river along the old foot-route to the holy shrines of Badrinath and Kedarnath. Also

visit Laxman Temple, Swargashram, Geeta Bhawan and Parmarth Niketan. After lunch at hotel, we return by car/coach to Delhi. Dinner and overnight at Hotel Imperial or similar.

Day 05: Delhi/Back Home

After breakfast, transfer to airport for flight to onward journey/back home

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